

# Learn To Paint Academy Plein Air Workshop

## Equipment & Supplies

Thanks for joining us for the coming 3 Day Plein Air Painting workshop.

Following is the equipment and supplies you will need for the workshop. If you have any questions then please don't hesitate to let me know.

### Paint

You can choose to paint in either Oil or Acrylics. I will be using Water Mixable Oil Paints as my preferred medium.

The palette used is as follows:

French Ultramarine Blue or Ultramarine Blue

Cobalt Blue

Alizarin Crimson, or Permanent Alizarin or Permanent Crimson (Magenta is okay)

Cadmium Red

Yellow Ochre

Cadmium Yellow Light or Lemon Yellow

Titanium White

Optional additions to the above:

Viridian or Pythalo Green

Cadmium Orange

Turquoise Green

Burnt Sienna

I typically use Winsor & Newton Artisan brand of Water Mixable Oils, however the Monte Marte H20 brand is okay to use and more affordable.

For Acrylics I use Atelier Interactive or Monte Marte Dynamics range.

Note - If using Acrylic you will need a Retarder medium to slow the drying time down as we will be painting outdoors and its possible the temperature will be warm and humid.

## **Brushes**

For brushes I use Flat brushes usually made with natural hair or bristle brushes, or hog hair. These are a natural fiber and allow me to push the paint around more than synthetic hair.

I recommend having

2 x Large Flat Brushes

2 x Medium Flat Brushes

2 x Small Flat Brushes

And 1 x Medium size palette knife

## **Painting Surface**

The best painting surface for painting outdoors is prepared MDF boards.

Watch the video I have put together on how to do this:

<http://learntopaint.online/art-studio-chat/preparing-mdf-boards-for-painting-on/>

You will need:

4 x 12" x 16"

2 x 12" x 22"

A good idea to bring a few extra as well just in case.

If you are painting in oils then you will need to give consideration as to how you are going to carry the wet panels once painted on.

One option is to invest in some wet panel carriers like these:

<https://www.raymarart.com/Wet-Painting-Carriers-Wet-Panel-Carriers-s/21.htm>

## **Plein Air Easel**

As we will be painting outdoors you will need an easel designed for working on location. A French easel is the most common type.

You can get a reasonably priced one like this:

<https://www.artshedonline.com.au/mont-marte-french-box-easel-x-l-beech/>

These are good because they are sturdy and strong and will work in windy conditions.

A more lightweight version is something like this (USA based):

<https://www.prolificpainter.com/shop/easel/>

You might also consider bringing a small camping stool as an option

## **Other Painting Equipment**

You will also need the following:

- A small bucket to wash brushes in
- Large bottle of water
- A container to put waste water in
- Paper towels
- Rubbish bags
- A water spray bottle

And remember to bring:

- Suitable and comfortable clothing
- A hat
- Sunscreen
- Water bottle for drinking

Keep in mind we will be painting by the river and down on the beach. So you will want to try and keep your equipment reasonably lightweight so you can carry it back and forth from the car.